Day 3

5-Day Story Challenge

Tell the other side of the story.

Step 1

Prepare for the exercise.

Set aside 30 to 60 minutes of uninterrupted time to do this exercise.

Turn off all notifications on your phone and computer.

Step 2

Watch instruction video.

Click here to watch the instruction video for day 2.

Step 3

Rewrite the story from a 3rd person perspective.

Refer to yourself in 3rd person (he or she) and re-tell the story in 3 different versions:

Version 1: where you are the villain of the story (page 2)

Version 2: where you are the victim of the story (page 3)

Version 3: where you are the hero of the story (page 4)

Note: if you can't come up with a version, skip it.

Step 3 (Optional)

Self reflect on the exercise.

What did you learn from doing this exercise?

Share your thoughts on IG Story (use hashtag #5DayStoryChallenge)

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5-Day Story Challenge

Tell the other side of the story.

Instruction

Write a version of the story where you are the villain (or someone who caused inconvenience to others)

If you can't come up with one, you can skip this part.

Day 3

Tell the other side of the story.

Instruction

Write a version of the story where you are the victim.

If you can’t come up with one, you can skip this part.

Day 3

Tell the other side of the story.

Instruction

Write a version of the story where you become the hero.

If you can't come up with one, write a version of the story where you